Monarch

December 1995

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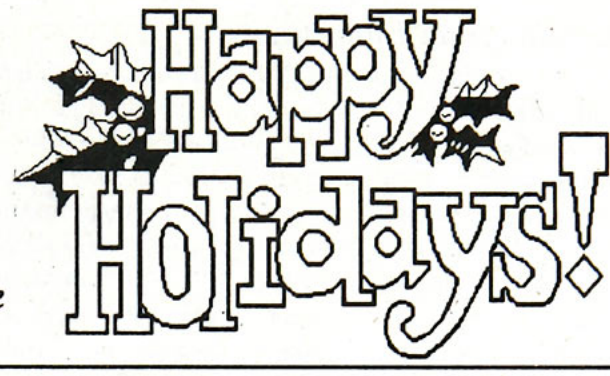
A Student Publication of Saint Leo College



Saint Leo College Adds Coffee House

by Ron Broz

Beneath Saint Francis Hall, from behind windows facing Lake Jovita, a new idea is "brewing" for the Saint Leo College campus.

How many times have you looked around your room in the evening and wished you could just get out, only to realize that there was nowhere to go? After all, Dade City rolls up its sidewalks after 6pm, and if you don't have a reliable car at your disposal, going much of anywhere off-campus is pretty much out of the question. Then there's the question of cabin-fever. Studying in your room for hours on end can bring the walls closing in, and running to the library to escape is usually only a temporary relief.

All of that is about to change.

Saint Leo College, through the Office of Student Affairs and a committee of student consultants, is about to open its own coffee-house/study-place/escape-from-the- everyday. According to V.P. for Student Affairs, Maureen Powers, "The main idea here is to create an atmosphere that will, in a sense 'transport' a student into what could be a coffee house in any city in the country," complete with small round tables, comfortable furniture, a few secluded booths, and soft "background" instrumental music. Another idea in the offing is that there may be nights set aside for live acoustic musical performances, as well as other fine arts interests.

In addition to a coffee bar serving flavored coffees, cappacino, espresso, different kinds of tea and varied pastries, this new addition to the campus will also feature a group study room with computers and printers which will be availible for use during all open hours.

Perhaps the most appealling feature of the new coffee house will be the very hours it will be open (tentatively): 10am 'til 1am during the week, and 11am 'til 2-or-3am on the weekends.

Currently, expectations are that this newest place to be on campus should be open for business (if perhaps not completed to design) by early-to-mid-January, ready to provide an alternative "place" for everyone on campus.

Saint Leo College Music is Alive and Well

by Gerard Stone

This past Sunday, around 3:00pm, the Abbey Church came alive with the ringing of golden voices to celebrate the arrival of the Christmas mystery. Some 35 people of the Oratorio Chorus sang from their hearts to bring in the Christ Child and share their joy with others. The concert, directed by Ms. Anne Harman, was an outstanding success, revealing how a worship service of old could still be enjoyed in today's world.

The program, "A Festival of Lessons and Carols," is a tradition which goes back to the King's College in England and was originally a Christmas Eve Worship Service. During the service, various Scripture passages and prayers are offered between carols to add inspiration to the chorus' beautiful voice.

This concert was another fine example of how Saint Leo's Music Department is continually active, on and off campus. In recent months though, rumors have been swarming over the future of the Fine Arts at Saint Leo. More than once people have discussed the issue and consider music a lost art at the college.

It is true that Music is no longer offered as a major and that those students now majoring in this area are the last. But a complete phase-out of the department is very unlikely. Classes will still be provided to students interested in using music courses to fulfill their Basic Studies requirement in Humanities.

Faculty and students may also want to note that three credit hours are available to students joining the various ensembles on campus, Jazz Ensemble, Oratorio, and Chorus. Of course members must satisfy certain requirements, but it still may be of interest to many in the student body.

Mr. John Higgins, Acting Chair and Associate Professor of Music encourages students interested to talk with their advisors about information. In response to the notion of a vanishing Music Program, he assures that, "The Music Department will continue," listing up-coming events in the Fine Arts Department.

He mentions the Student Art Show going on in the College Library until December 18th, as well as the Faculty Art Show coming up in March.

With somewhat more enthusiasm, Mr. Higgins told of the Violin-Piano Concert which will be held March 21st, 7:30pm in Selby Auditorium. In this concert will be Master Violinist, Murray Glass, former conductor of The New Jersey Symphony Orchestra.

Obviously, with this much quality and prestige, the Fine Arts are safe and in little danger of hitting any college "Chopping Block."

Rudolf, the Red-Nosed Reindeer

from Charles Panati's
Extraordinary Origins of Everday Things

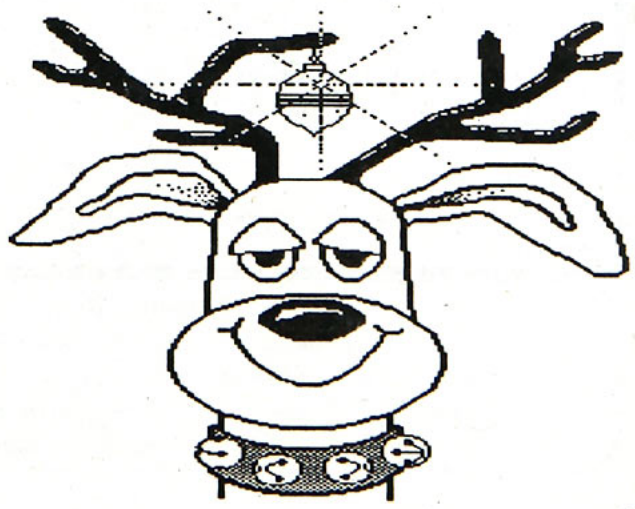
"Rollo, the Red-Nosed Reindeer." "Reginald, the Red-Nosed Reindeer." Both names were considered for the most famous reindeer of all. And the now traditional Christmas song began as a poem, a free handout to department store shoppers.

In 1939, the Montgomery Ward department store in Chicago sought something novel for Santa Claus to distribute to parents and children. Robert May, an advertising copywriter for the store, suggested an illustrated poem, printed in a booklet, that families would want to save and reread each holiday season.

May conceived the idea of a shiny-nosed reindeer, a Santa's helper. And an artist friend, Denver Gillen, spent hours at a local zoo creating whimsical sketches of reindeer at rest and at play. Montgomery Ward executives approved the sketches and May's poem, but nixed the name Rollo. Then Reginald. May considered other names to preserve the alliteration, and finally settled on Rudolf, the preference of his four-year-old daughter. That Christmas of 1939, 2.4 million copies of the "Rudolf" booklet were handed out in Montgomery Ward stores across the country.

"Rudolf" was reprinted as a Christmas booklet sporadically until 1947. That year , a friend of May's, Johnny Marks, decided to put the poem to music. One professional singer after another declined the opportunity to record the song, but in 1949, Gene Autry consented. The Autry recording rocketed to the top of the *Hit Parade*. Since then, three hundred different recordings have been made, and more than eighty million records sold. The original Gene Autry version is second only to Bing Crosby's "White Christmas" as the best-selling record of all time.

Rudolf became an annual television star, and a familiar Christmas image in Germany, Holland, Denmark, Sweden, Norway, England, Spain, Austria, and France - many of the countries whose own lore had enriched the international St. Nicholas legend. Perhaps most significantly, "Rudolf, the Red-Nosed Reindeer" has been called by sociologists the only new addition to the folklore of Santa Claus in the twentieth century.



Opposing Opinions

Thoughts from Dann Riggs

How many of you out there are wondering what happened to the busy campus we all used to enjoy. That seems like an eternity ago. But for those of you who haven't been here for the last two years, Saint Leo really was fun. In my four years I have seen it change from a united, energetic campus to what it seems to be now, a wonderfully landscaped national park. Even the squirrels don't find much to do anymore.

No more have I seen this lethargic atmosphere than this year. We all know Saint Leo is a college out in nowhere. There isn't much to do around here that is within a $5 gasoline stop. So why hasn't the administration done anything about it? Yes, there are rumors of this happening this semester and next. But there are always rumors, and from my experience they rarely come true. There is *absolutely nothing* to do on this campus after 10:00 P.M. The library closes, the Snack Shack has closed hours earlier, so there is really no place to go except off campus. Is this what the administration wants after all?

For an inkling this semester there was a small breath of life on this campus. There were activities the students attended and finally enjoyed, and the overall mood was one of true optimism. But that all seemed to vanish like it does after every September month that passes. The consistency on this campus really bites the bullet. What happened to Pleasure Island trips, the actually funny comics, and all the benches that have been promised to return for over a quarter-century now? I'm tired of broken promises. Students must be able to take pride in their school. Back in the days, people would hang out on the benches in front of Roderick or in the circle and just have a good time. Alcohol need not be present, just some good friends and some good gossip.

It seems the administration is more worried about the outward appearance of this campus than what is actually inside: the students (wow, now there's a thought). Who cares about a completely concreted campus? I think this so called five-year plan needs an extra zero after it to become the fifty year plan. The gym closes at 10 P.M., and there is no decent basketball court with lights for miles! I remember meeting some of my friends to play basketball behind Roderick until midnight. That is how many people became friends, through activities. Activities have been lacking for two years now.

I have to thank Sister Candice for taking the first tangible step to livening up this campus by putting the Christmas Tree in the Circle. It is the first time since I have been here that I actually feel a little in the Christmas spirit while in Florida! But I'm sorry to say, that may be the last true glimpse of campus unity we'll see. I hope not.

A Reaction from Kristen Hauser

I have shared some of the same feelings. It seems as though many of the upperclassmen are discouraged. I was actively involved in the activities at Saint Leo College during my first two years. It seems like all the clubs in which I was once involved are falling apart. I remember coming here as a freshman, excited about all the opportunities there were to be involved. I participated in as much as I could handle. I gave it my best and had fun. I have noticed the same spirit I had in the freshmen class of 1995. I encourage those students to stay involved.

You blame the administration for the lack of activities on campus. Where should the responsibility lie? Each person is responsible for his or her own happiness. It does not matter that the physical appearance of the school has changed. There are well over twenty organizations on campus. Each organization sponsors social, athletic, and philanthropic activities. The problem with these organizations is not the administration; it is the students. The student leaders are expected to fulfill obligations, and many times they don't follow through. The students are no better at following through with duties than the administration. I have been involved in three organizations where the officers were paid. In those organizations, at least six of the paid "leaders" rarely attended meetings and did not fulfill their duties. Students complain about the comedians, but not enough students attend the events. Even the officers who sponsor the events do not attend. I have been in the same situation, where I gripe about the things I dislike, but the truth is, I must try to make changes. I admit the attitudes at Saint Leo are low, but as students, we must do something about it. Many complained about the changes this year on campus, without being open to new ideas. With all the changes, this is the *students'* opportunity to show their leadership skills. Quit being followers. Get involved. If you are already involved, make sure you are following through with your duties. The leaders of Student Leadership Coalition made a difference three years ago, as everyone was involved and had a great time. Why can't we do the same thing now?

I encourage the students to voice their opinions. When given the opportunity to complete a survey on the classes, express your likes and dislikes. The surveys do make a difference. The truth is students do have a voice. Take time to provide suggestions for improvement.

Monarch Survey

This is an informal survey to test the Monarch's effectiveness as the Saint Leo student newspaper. Our paper is designed to give clear and timely news when ever possible in a way which aids you in understanding and participating in our school. Your response will be respected and greatly appreciated in the further development of the Monarch. Please clip and return this coupon to the Monarch box in the Writing Center in Lewis Hall room 125.

1) Are all articles clear and timely? Do you find them to cover the important issues of our school?

2) Does the staff seem friendly and available to your concerns? Do they listen to you when you express ideas about articles, distribution, etc.? Would you consider writing with our staff?

3) Do the editorials reflect the student opinions? Are they effective or just angry? Are they clear in their arguments?

4) Do you like the format of the paper? Is it easy to read? Attractive? Why or why not?

5) What do you like most about our paper? Tell us the "keepers." What kinds of sections or articles, would you like to see more of?

6) What do you like least about our paper? What kind of articles take up too much of the print? What should be in its place?

Thank you again for your time. Once again, this is your chance to tell us what you think.

Monarch Staff

Editor Leo Ayotte *Assistant Editor Sylvia V. Torres*
Design Editor Kristen Hauser *Office Manage Daniel Riggs*
Sports Editor Gerard Stone *Special thanks to Charla Bauer*
Advisor Dr. Mark Edmonds

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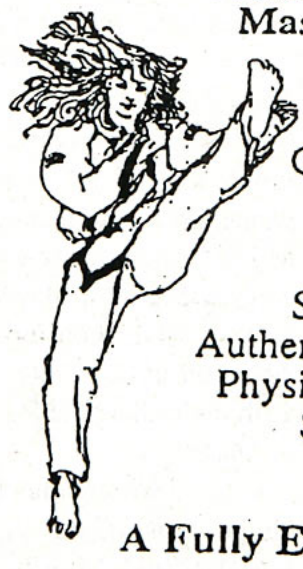

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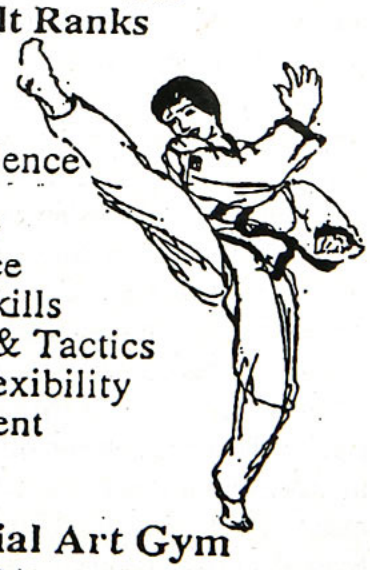

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Nothing Lasts Forever

by Leo Ayotte, Editor of the Monarch

Saint Leo College, in preparing for the twenty-first century, has decided to remove the arts from its curriculum. Theater, dance, music, and art students will no longer journey to our campus for their education.

Students today are only interested in an education that is oriented toward preparation for successful competition in the marketplace. Emphasis is now focused on such subjects as accounting, environmental sciences, criminology, and hotel and restaurant management.

The era in which students sought an education that allowed them to reflect, analyze, and come to rational conclusions that best served themselves and society has, regretfully, ended. Today, the orientation is toward growth, cash flow, and the ubiquitous bottom line.

The continued economic viability of any college today necessitates meeting the demands of potential students. This is reflected in the thriving success of the MBA program launched only one year ago. Currently, there are plans for Masters programs in English and Education.

It is heartwarming to realize that, despite the mandatory pandering to the almighty dollar, our college continues to participate in its civic responsibilities.

Starting in January 1996, Saint Leo College's Center for Inter-American Studies, in conjunction with The World Trade Center Tampa Bay, will launch the first of several symposiums on "The Future of Cuba." We hope this gathering of scholars, politicians, and economists will provide the impetus for fruitful exploration of possible opportunities in commercial and social interactions between this country and Latin America.

The next few years should reveal whether the elimination of the Arts is the result of visionary planning, or bureaucratic bungling.

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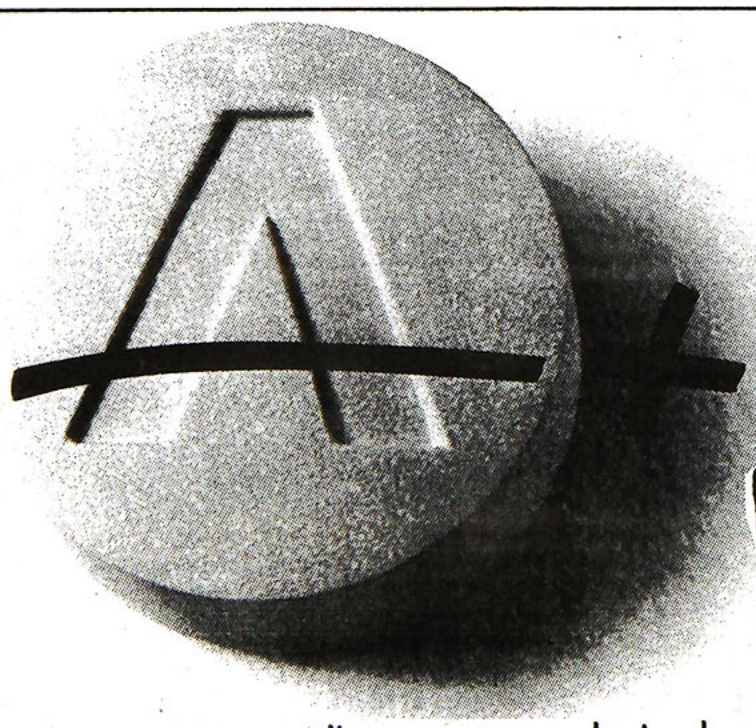

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Campus Ministry Sponsors the Giving Tree

by Kristen Hauser

Campus Ministry is sponsorsing the Giving Tree. A tree is placed in the cafeteria and decorated with ornaments labeled with a gift idea for the needy. The donations will be gathered on December 14 and will be distributed to various charitable organizations in the Tampa/Saint Petersburg Diocese. Donations are still being accepted.

Campus Ministry sponsored the Christmas Tree lighting on Monday, November 27. Sister Mary David Hydro and Sister Candice Tucci spoke about the meaning of Christmas. The Student Chaplains assisted at this schoolwide event by distributing programs and Christmas carols. Brian Bertucci and Carla Cruz, officers in the Student Leadership Coalition, also assisted in the event. Marriott donated the cookies and apple cider that were served after the ceremony. The Christmas Tree that stands in the Circle was donated by Kiwanis Club and Ergles Tree Farm.

On Sunday, December 10, Mass was held around the Christmas tree in the Circle. Sister Candice wanted to help bring out the spirit of Christmas by celebrating the Mass in the Circle.

Health Tip

by Nurse Bobbi

Every year, millions of American workers suffer computer-related injuries. If you work at a computer, these tips can help prevent eye, neck, and back stress, and carpal tunnel syndrome:

1) Shift positions often and take frequent, short breaks to relax tense muscles.
2) Position your screen at or no lower than 15 degrees below eye level.
3) Place both feet flat on the floor or on a footrest - don't cross your legs.
4) Adjust you chair so your arms hang straight down from your shoulders and you wrists rest straight on the keyboard and aren't bent up or down.

Home for the Holidays

by Dann Riggs

The holidays are always a time to reflect on what the most important things to you really are. It is only then that you can be truly thankful for anything. I had an interesting Thanksgiving this year, one that I don't think I will ever forget. It might not seem that interesting to you right now, but as you prepare to leave the hallowed grounds of Saint Leo College, I have a feeling you will have these thoughts as well.

For the first time in my twenty-one years of existence, I spent Thanksgiving dinner away from home. As a matter of fact, I spent it at the Cracker Barrel with a few friends who stayed on campus during the break. Many people stay at school during this time to catch up on work. But for me, it really didn't feel like Thanksgiving. There was no Aunt Dee, no cousin Jay, and none of my favorite homemade stuffing from my mother. In those four days or so, I learned, for the first time, how much my family means to me.

You might be thinking that I am a sissy. Every holiday some go home and never think twice about it. Others have never gone home for the holidays; they may not have a home to go to. Reflecting on all of this makes me appreciate those I care for even more. I've never been one to show emotion or even be philosophical but one absolutely can't appreciate things until he has been without them for a while.

As my May graduation date slowly draws near, I seem to take on a different view on just what it is I want to do after it is all over. I've had dreams of staying in Florida, getting rich and sailing through the Caribbean, and many other endless travels. I've never really even contemplated returning home to Kentucky to be with family and friends. But as I get older and slowly my head screws into the correct place, I think maybe my family and friends are the most important to me right now.

Many people say you should pursue your dreams now because they may be unattainable. I say I've dreamed all my life and I don't think I'm going to stop anytime soon. My family needs me and I need them. They are the ones who help to put me through college; they are the ones who get me out of trouble when I need it, just as many of your parents are doing now. This message is not meant for everyone. Some have probably already stopped reading by now. But for those of you who are asking yourself the same questions, I hope you will take this to heart. Merry Christmas to all and to all a good night.

English Honor Society Holds Craft Sale

The Alpha Alpha Alpha chapter of Sigma Tau Delta recently held a craft sale outside McDonald Center. The sale was held in order to raise funds for the upcoming semester. The members of Sigma Tau Delta would like to thank all the faculty, staff and students that took part to help make the craft sale a glowing success.

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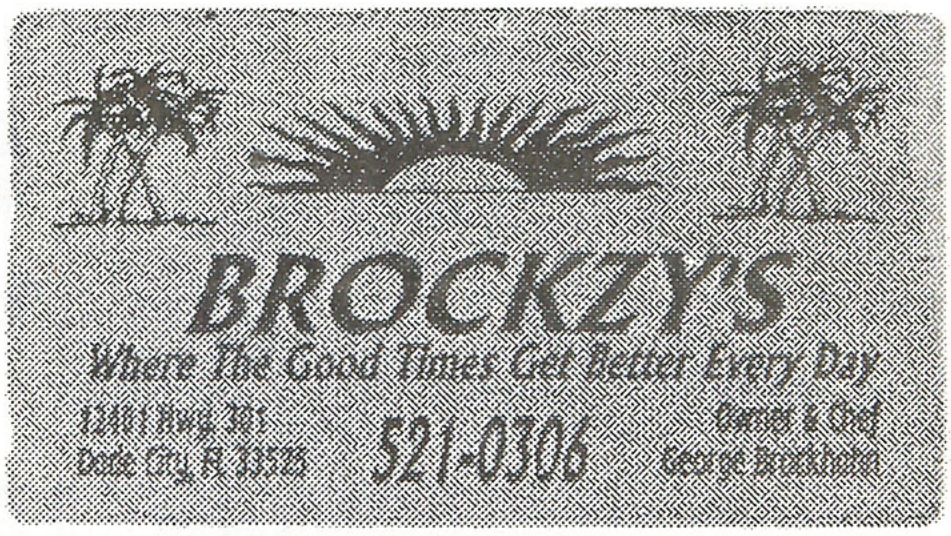

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Running Monarchs Dunk Florida Memorial

by Gerard Stone

The men's basketball team put on a show in the "Pit" Wednesday the 29th against the Lions of Florida Memorial College, slamming down 11 dunks and stuffing 11 Lion shots to win 86-71. The win evened the Monarch's record at 2-2, and was the second consecutive victory for the team.

The team had four players in double figures, led by junior forward Shawn Wilson who had a huge night. The former star from Pasco-Hernando had 25 points, 15 rebounds, two assists, 5 blocks, and even a steal. Wilson also had five crowd pleasing jams from various angles.

Junior Shawn Jennet also performed strong with 19 points and 4 rebounds from his guard position. Helping that "Dynamic Duo" was center Tony Dingle, who suffered an ankle injury early in the season. Dingle had his best game of the season scoring 12 points and pulling down 9 rebounds.

Not to be left out was "The Lord of Leap" himself, guard Alex Mack who chipped in 10 points and seven assists.

The Monarchs enjoyed their best shooting night of the young season as they hit 38 out of 65 shots averaging .585 %. The boys hit the road for back-to-back games Thursday and Friday in Miami, Fl. The Thursday game is a rematch with Florida Memorial, and Friday's contest is against Saint Thomas University.

Lady Monarchs Off to a Good Start

by Gerard Stone

Head Coach Janet Cone and her woman's basketball club won back-to-back games Wednesday the 29th, and Thursday the 30th. The Wednesday game was against Florida Memorial College and ended with the Lady Monarchs winning 76-70.

Guard Adrienne Holmes had a stellar performance coming in with 25 points, 15 rebounds, and four steals. Also in double figures was senior point guard Lakoscia Kennon with 15 points, five assists, and nine rebounds. The team's center, Angela Marshall threw in 10 points and grabbed seven rebounds.

In the Thursday night game the Monarchs exploded for 21 points in overtime to beat Edward Waters College, 92-77. The Monarch trailed by eight points with 2:56 left in the game, but got five points from Kennon and two blocked shots from Marshall ending regulation time, tied at 71.

In overtime the team hit 6 of 9 shots and 9 of 10 free throws to seal the game. For the second straight night Adrienne had 25 points, while four other players also finished in double digits. Lakoscia had 22 points and nine rebounds, while Angela ended with 16 points, nine rebounds and four blocks. Also finishing above nine points was Carlyn Ross at 11 and Jennifer Jackson with 10 points.

Armstrong State is the next home game and is at 7:00pm on December 16. Again, let's swamp the "Pit" with Monarch supporters and dominate our home turf.

GEORGETOWN TICKETS AVAILABLE THIS WEEK...The tickets for the December 28 game at the Lakeland Civic Center against Georgetown went on sale Monday, December 4 at 10:00am. The ticket prices are $21.00, $16.00, and $10.00. Get yours NOW!

Men's Basketball Schedule

Thurs.	12/28	Webber College *	4:00 P.M.
Sat.	12/30	Georgetown Univ.	7:30 P.M.
Sun.	12/31	American Intnl. *	7:30 P.M.
Wed.	1/3	Univ. of Minnesota *	7:30 P.M.
Sat.	1/6	Barry University *	2:00 P.M.
Wed.	1/10	Univ. of Tampa	7:30 P.M.
Sat.	1/13	Rollins College	7:30 P.M.
Wed.	1/17	Florida Southern *	7:30 P.M.
Sat.	1/20	Florida Tech.	7:30 P.M.

Women's Basketball Schedule

Sat.	12/16	Armstrong State *	7:00 P.M.
Sat.	12/30	King's College *	4:00 P.M.
Tues.	1/2	Rowan College *	7:00 P.M.
Wed.	1/3	Georgetown College *	5:15 P.M.
Sat.	1/6	Barry Univ. *	4:00 P.M.
Tues.	1/9	Eckerd College	7:30 P.M.
Sat.	1/13	Rollins College	4:00 P.M.
Tues.	1/16	Univ. of Tampa *	7:30 P.M.
Sat.	1/20	Florida Tech	5:15 P.M.

* Home games

Trivia Trap

by Gerard Stone

We in the sports department want to try something new. And since this is only our third issue, it really isn't all that new. Each issue will have a few questions for the frustrated Jeopardy contestant and the armchair sports freak.

Some will deal with Saint Leo athletics, while others may address those trivials outside our humble institution that have long since been mentally lost by years of sin and sloth. Good luck and enjoy! Answers will be in the next issue of the Monarch.

1) Who won Saint Leo's last intercollegiate football game, and by how much?
2) In basketball, what is the required air pressure inside the ball?
3) To date, what is the most amount of baseball games won by Saint Leo, and when?
4) In volleyball, is every "kill" a spike?

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Egg Salad Sandwich	$1.50
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Fried Shrimp *(includes curly fries)*	$4.95

Chicken Wings

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Nachos & Cheese	$1.25
Cole Slaw	50¢

BEVERAGES

Pepsi, Diet Pepsi, Mug Root Beer,
7-UP, Mountain Dew, Sunkist
Small - 75¢ Medium - 85¢ Large $1.00

Ice Tea - Sweet / Unsweet	75¢
Juices	$1.00
Coffee	65¢

HAND DIPPED ICE CREAM HAND DIPPED

Ice Cream Flavors
Vanilla, Chocolate, Cherry Vanilla, Strawberry,
Butter Pecan, Chocolate Chip

Sundae Flavors
Caramel, Strawberry, Chocolate

Toppings
Chocolate Chips, Gummy Bears, Reese Cups, Sprinkles, M&M's
Whipped Cream, Nuts *(25¢ extra per topping)*

Cone or Dish - 1 scoop	95¢
2 scoops	$1.45
3 scoops	$1.95
Sundae	$1.85

CANDY/SNACKS

Skittles (box)	$1.00
Candy (assorted)	75¢
Chips/Snacks	50¢

THE CONCESSION STAND
Smoke Free and Alcohol Free for our family and yours!

12228 South Highway 301 • Dade City (Formerly Peanuts)

The Dating Woman's Bill of Rights

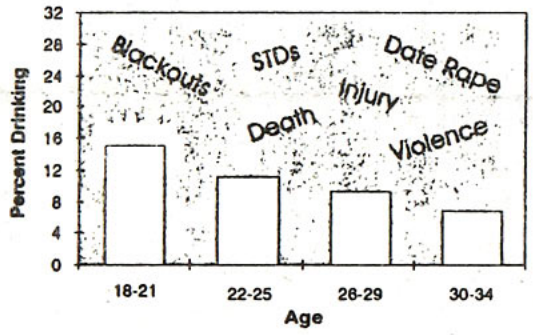
I have the right to trust myself above all others.
I have the right to decent treatment by anyone I date.
I have the right to refuse to date anyone.
I have the right to be safe on a date.
I have the right to stop blaming myself for dating abuse.
I have the right to be assertive on a date.
I have the right to pay my own way on a date.
I have the right to mutually consenting and pleasurable sex.
I have the right to refuse to have sex.
I have the right to be respected as a person.
I have the right to say NO.
I have the right to get angry.
I have the right to fulfill myself with or without a man in my life.
I have the right to know who I am.
I have the right to know who I am dating.
I have the right to determine the criteria concerning who I will date.
I have the right to use my own transportation on a date.
I have the right to leave any dating situation my instincts tell me to.
I have the right to prosecute for battery and sexual assault.
I have the right to emotional support and understanding form others.
I have the right to a healthy dating relationship.
I have the right to control my own destiny.
I have the right to be selfish and get the good things I want in a relationship.
I have the right to be loved.
I have the right to be cared about.
I have the right to intimacy.
I have the right to high self-esteem.
I have the right to trust myself above all others.

Heavy Drinking . . . Is It Really Worth It?

You may think heavy drinking is an acceptable part of the college experience. But have you considered the consequences? When you drink, you run the risk of doing something you'll regret later. When you're under the influence of alcohol, you're more likely to expose yourself to a sexually transmitted disease (STD) by having unprotected sex. You could get yourself into a situation you may not be able to handle—or get out of. Falling grades and dropping out become a reality because college students who drink the most get the lowest grades.

All students need to ask, "Is it really worth taking the kind of risk that could negatively affect the rest of my life?" For free materials and other resource information on alcohol and illicit drugs, call the National Clearinghouse for Alcohol and Drug Information at 1-800-729-6686.

Past Month Heavy Drinking* by Age, 1994



* Heavy drinking is defined as five or more drinks per day on each of five or more days in the past thirty days.

SAMHSA Center for Substance Abuse Prevention Prevention WORKS!

National Household Survey on Drug Abuse, Substance Abuse and Mental Health Services Administration (SAMHSA), Sept. 1995

For Your Information

Monarch Assistant Editor position is open for Spring 1996. Contact Sylvia E. Torres at extension 8160. Please leave a message.

Please accept our sincere apologies for not crediting Peter Leiser for donating the photographs for the October 1995 issue of the Monarch.

Special thanks to Alicia Gonzalez for assisting in this issue of the Monarch. Photograph of the Christmas Formal by Sophia Andali.

Ron Broz posed as Santa Claus while Alicia Gonzalez and John Bardunias gave him their wish list. The Christmas Formal was held on Saturday, December 2 in the McDonald Center. The dance was sponsored by Student Leadership Coalition. The DJ was Dann Riggs.

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SAINT LEO COLLEGE CAMPUS STORE McDonald Center

Dear Students,

The Student Leadership Coalition Executive Board would like to thank you for your participation in the semester's events. We would like to remind you that every student at Saint Leo College is a member of the Student Leadership Coalition. Any ideas or input you may have are greatly appreciated by the Executive Board. We hope that next semester will prove to be as successful as this one.

Sincerely,

Amanda Ackley
President of the Student Leadership Coalition